

The 16th International Seminar on Taiji and Qi Gong (2014 in China)

Master Fengming Wang - 2013 recipient of “Successor of Chinese Non-Material Culture Heritage”



Schedule:

July 24: registration in Beijing

July 24-26: tourism in Beijing

July 27-28: tourism in Zibo Shandong:

- Tai Mountain, Confucian Mansion, Confucian Temple

July 29-August 3: Taiji and Qi Gong Practice in Zibo:

- Qi Gong Seminar: How to Improve Qi Gong (Internal Energy) with Q&A
- Taiji Internal Dan Gong, Taiji Stick & Ruler Qi Gong, Patting Qi Gong (Chinese Medicine)
- Taiji Seminar: How to Improve Taiji Forms and Push Hand with Q&A
- Taiji Silk Reeling: push hand, martial art, Qin Na (joint locking), Chen Style Hunyun Taiji forms
- Family members and friends visit Zibo during seminars

August 4: return to Beijing

Total cost:

- \$1,190 per person (includes hotels, 3 meals/day, transportation, park tickets, tour guide and tuition; airfare not included)

Contact:

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Hosts:

- King of Neigong International Taiji Academy USA
- Europe Chen Hunyuan Taiji Associations
- Zitong Shan Wushu Academy China

Items for sale:

- Silk Reeling Gong for \$29
- Taiji books and DVD